



GRIPA CLINICAL Integration

We're excited to announce the first of many Clinical Integration contracts - GRIPA has contracted with the Rochester General Health System for Clinical Integration.

GRIPA has a new Clinical Integration (CI) contract with the Rochester General Health System for their employees and dependents that are enrolled in the RGHS self-insured plan.

- COLLABORATION** – The intent of this collaboration is to improve the overall health status of all members by managing chronic conditions and encouraging preventive care. As a result of increased quality we can anticipate decreased overall medical expenses.
- DECREASED EXPENSES** – With decreased overall expenses, GRIPA physicians will share in those savings based on services to RGHS members and performance on GRIPA CI measures.
- CI PROGRAM** – Our CI program includes practice guidelines for preventive services and common health conditions, a health information exchange (the GRIPA Connect Portal), sharing of data between our physicians and their offices, point of care alerts on overdue treatment for various conditions, and access to our GRIPA Care Management Services to help manage members with identified chronic conditions. The use of these services and tools together will help improve the overall health status of these members.
- GRIPA CARE MANAGEMENT SERVICES** – Our Care Management Services team, which consists of nurses, social workers and pharmacists, will be actively working with you and the members to help coordinate care, even members who do not routinely see a participating physician.

They are available to help your medically complex patients by providing:

- Education on the patient's role in self management of their medical condition
- Linkage to community resources
- Assistance with caregiver, transportation and/or psychosocial issues
- Help with patients who are non-adherent with the provider's plan of care including office follow-up, medications and/or preventive services.

If there are specific RGHS members that you think can benefit from our care management services, you may request assistance from a GRIPA Care Manager by calling (585) 922-1520 or by making a referral to GRIPA Care Management through the GRIPA Connect Portal.

For password resets or access to the GRIPA Connect Portal contact GRIPA Provider Relations at 585-922-1525



GRIPA Welcomes Jeffery T. Dmochowski, M.D. Associate Medical Director

GRIPA would like to welcome Dr. Jeffery T. Dmochowski as our new Associate Medical Director. Dr. Dmochowski has been a practicing physician in the Rochester area since 1981. In his own words he shares what attracted him to this position:



Jeffery T. Dmochowski, M.D.

This position offered me the opportunity to participate in a shared vision — improving the quality of health care and making it more cost effective through innovative use of information technology, case management, and the use of “measures” to engage the providers through offering increased reimbursement for good performance and support through guidelines and ready access to educational sources and case management services.

My first impressions in my new role are: that I have so much to learn about health care, that there are some brilliant and dedicated people engaged in this effort both locally and nationally, and that we are on the verge of dramatic change in the way we deliver and finance that care.

I see Clinical Integration as offering the potential to finally coordinate patient care across the spectrum: private physicians’ offices, hospitalization, and home support, no matter where the patient enters or exits the system. Medical care has never evolved beyond the “cottage industry” level as far as coordination is concerned. CI offers the chance to totally unify care by giving providers immediate access to critical or desired information, timely recognition of intervention by another physician and feedback on their efforts as they relate to benchmarks or guidelines. I see it also as a vehicle for physicians to negotiate with insurers based on performance as it affects the cost of health care. Granted, Clinical Integration is evolving and “we haven’t made it to Mars” yet, but its real potential is right in front of us and only requires that we contribute and actively participate. It’s time for physicians to stop “just complaining” and come up with real change. I see CI as the most promising of the models offered.